

SAT with Claudio Naranjo

Integrative program for transformation

Dates: July 8 to 16, 2015

Mount Madonna Retreat Center - California

The SAT (Seekers After Truth) Program was born from the intention to bring together the understanding and practices of psychotherapy, Western Prophetic Tradition and Buddhism. The cornerstone of the SAT Program is integrating Enneatype Psychology with an experiential understanding of self-inquiry.

In the SAT II module participants move to Level II of Enneatype Psychology where the cognitive layer of personality is explored in the light of higher emotions or virtues. Pertinent aspects of Zen Buddhism are introduced and the daily meditation practice will shift from Vipassana based model of SAT I towards the experiencing of Zen practice of "non-doing" (wu wei), while resting the mind in spaciousness.

Additionally, SAT II incorporates new psycho-spiritual exercises into the collective field. Specifically- designed bodywork is used to support the integration of re-visiting the circumstances that played a key part in shaping our character during infancy and childhood. This exploration focuses on our relationship with parental figures and how the resulting dynamics came to directly impact how we feel, think and interact with others in present time.

Healing the relationship between the inner child and the internalized parental figures constitutes an important factor for being able to form healthy relations in present life circumstances.

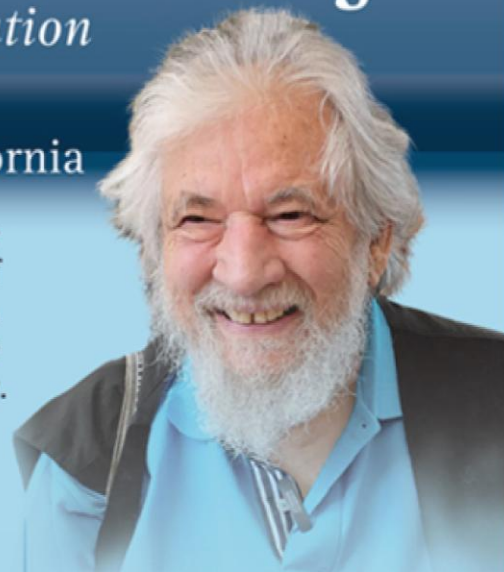
The SAT program was originally developed by Naranjo in Berkeley in the 1970s, and has been refined and taught with great success for decades throughout Europe and South America. For the first time in 40 years, Naranjo is offering the SAT program in California. This retreat is a unique opportunity to study with one of the greatest pioneers of transpersonal psychology and it is possible to new comers that don't have experience in enneagram to join us in this module.

For information and registration
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CLAUDIO NARANJO is a visionary and for the past 40 years has been a catalyst for integrative transformation in individuals and collectives seeking spiritual maturity and understanding. Regarded as the most significant bearer of Fritz Perls' Gestalt therapy heritage, Naranjo has been distilling the essential components of a myriad of spiritual (e.g. shamanism, Tibetan Buddhism, Sufism, etc.) and psychotherapy-based traditions including humanistic, body-centered and transpersonal approaches - a process that has culminated in a synthesized system of accessing the essential skills and faculties necessary for true transformation of consciousness.

