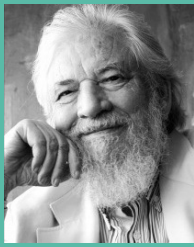


*"It takes courage to grow up  
and become who you really are"*  
e.e.cummings

Registration@claudionaranjo.ru

CLAUDIO  
NARANJO  
SEMINARS



# SAT - I: 29.10 - 7.11

## SEARCHING FOR ONE'S SELF

Claudio Naranjo Foundation of Russia is happy to invite you to start a life-changing journey towards better relationship with one's self and with the world. We cannot promise you an easy or a short road - it took you so many years to built those protective walls around - but it's definitely a road worth traveling.

SAT-I is the first of the 5 modules in a Program developed by Claudio Naranjo more than 40 years ago. Its most important task is to let you look at your character from different perspectives in order to understand it.

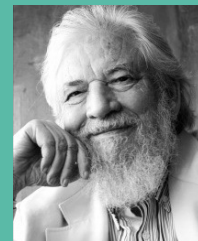
The **instruments** which are used are:

- **Enneagram** - at a very early stage in our lives, still as children, we all have to face the stress that forces us react in a certain way. We often dismiss its importance or even forget about it as adults without realizing that in too many ways it still defines our personalities, motivation, life goals, priorities and reactions: it's almost like living as free as the "train on a track". Enneagram as seen by Claudio Naranjo helps to grasp the essence of this subconscious behavior model and to finally start "growing up" and travel other roads.
- **Meditation** - the benefits of meditation are scientifically proven and are now widely propagated, but we often hear that "it's too hard to actually do it". Claudio Naranjo combined meditation techniques from the different ancient traditions (Buddhism, Sufism, etc.) and developed a method that allows the most unprepared and unsettled mind to learn meditating.
- **Movement Meditation** - often the main obstacle on the way of the deep psychological work and exploration is our mental control which works as a defense mechanism that prevents us from reliving the pain or discovering something unpleasant about ourselves. Movement Meditation together with **Psychodrama/Theatre** - the powerful concentration of different methods and instruments - help decrease the control and actually see one's self.
- **Group** - all seminars within Claudio Naranjo's SAT Program are designed for a group of not less than 40 people: the group work facilitates and intensifies many processes as well as represents a little model of the world outside - everyone is different and plays a certain role.

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## SAT - I: 29.10 - 7.11

### SEARCHING FOR ONE'S SELF

**Trainers:** we are extremely proud to announce the team of Claudio Naranjo's disciples whose talent and many years of experience make SAT truly special and life changing



**Ginetta Pacella**

Psychologist, Gestalt  
and Body Therapist

**Seminar Leader**

**Enneagram Theory**

**Movement Meditation**



**Alain Vigneau**

Professional  
Actor/Clown,  
Gestalt Therapist

**Psychodrama/  
Theater**



**Consuelo Trujillo**

Professional  
Actress,  
Psychotherapist

**Psychodrama/  
Theater**



**Nicola Maria Fusco**

Clinical  
Psychologist,  
Archaeologist,  
Fencing Master

**Movement Therapy**

#### **Audience (Spanish or Russian language is required):**

- People in a search of happiness & consciousness
- People going through a difficult life period
- Professional coaches, psychologists, psychotherapists
- Professional teachers and educators
- Professionals whose work involves dealing with people (HR, Sales, Client Service)

#### **Venue & Price:**

The price includes seminar participation (30.10 - 7.11.2017), 10 nights accommodation (29.10 - 7.11.2017) and full board (3 meals and 2 coffee breaks a day) in **Arthurs Village Hotel\*\*\*\*** (Larevo Village, Moscow Region, 141052 Russia, 25km from the closest Sheremetievo airport and 25km from Moscow):

#### **100% Paid until:**

**30 June 2017**

**31 Aug 2017**

**29 Oct 2017**

#### **Triple Room**

1350 euro p/p

1450 euro p/p

1550 euro p/p

#### **Double Room**

1500 euro p/p

1600 euro p/p

1700 euro p/p

#### **Single Room**

1650 euro p/p

1750 euro p/p

1850 euro p/p

#### **Cancellation Policy:**

Requested until:

**1 Aug 2017**

100%

**1 Sep 2017**

50%

**as of 1 Oct 2017**

0%